



# INFORMED CONSENT

THIS FORM MUST BE READ AND SIGNED BY A PARENT/GUARDIAN OF ANY INDIVIDUAL UNDER THE AGE OF 18 WHO WISHES TO BE A MEMBER OF THE NHWCC

I declare that my child, \_\_\_\_\_ (the "Participant"), intends to become a member of the North Huron Westcast Community Complex ("Complex"). I understand each person, my child included, has different capacities for participating in the activities, facilities and services offered at the Complex. I am aware all activities, services and programs offered are recreational or self-directed in nature. I assume full-responsibility to instruct my child on the choices available to him/her relative to the risks to be undertaken.

## DESCRIPTION OF ACTIVITY

Membership includes use of the fitness centre, courts, aquatic centre, arena ice, dry pad.

## ELEMENT OF RISK

I understand recreation facilities such as the Complex involve certain elements of risk including, but not limited to, cuts, abrasions, sprains, fractures, joint injuries, overuse injuries, spinal injury, brain injury, or death. The risk of sustaining injury can result from the nature of the activity itself, natural, manmade or climatic conditions, the actions of third parties, and the Participant's own physical condition and actions. I acknowledge all the recreation facilities at the Complex may not be directly supervised. **By allowing my child to take part in activities at the Complex, I accept the risk that my child may be injured.**

## ACKNOWLEDGEMENT OF RESPONSIBILITIES

The chance of an injury occurring can be reduced by carefully following instructions at all times while engaging in activities. I, as parent/guardian of the Participant, have discussed the responsibility to obey all the instructions, rules and regulations of the Complex. Among these rules, the following age restrictions apply to the following facilities:

- The fitness centre is not intended for use by children under the age of 14. Children under this age must be supervised by a parent/guardian.
- The courts are not intended for use by children under the age of 9. Children under this age must be supervised by a parent/guardian.
- In the aquatic centre children 10 and under, not directly supervised by a parent/guardian, are subject to a height requirement (minimum of 48 inches) and/or a swim test. Children under 7 must be accompanied by a person 14 years or older, who must remain in arms reach at all times.
- In the arena it is recommended that children under 12 be accompanied by a parent/guardian. CSA helmets are recommended for all participants.

## DISCLAIMER CLAUSE

I acknowledge the Corporation of the Township of North Huron, its employees, council members or volunteers (all hereafter referred to as the "Township"), are not responsible for any participant's loss of any kind sustained by any person while using the Complex except to the extent that such injury, loss or damage was caused by the negligence of the Township.

## ACKNOWLEDGEMENT

I have read the foregoing. I understand I am assuming the risks associated with my child participating. I understand the Complex is not intended for use by unsupervised children, and age restrictions are in place for their safety. My child will follow the age rules, and, where required, will be supervised.

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Signature of Parent/Guardian  
(For Members under 18 Years of Age Only)

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Date